

# Healing Emotional Pain and Trauma

*Using PEER® process  
(Primary Emotional Energy Recovery)*

## A Weekend Intensive



NASHVILLE  
INTEGRATED  
MEDICINE

with

***J. David Forbes, M.D.***



**Friday, June 23—Sunday June 25, 2017**

Fri day 7-9:30pm  
Saturday 9am-5pm  
Sunday 9am-3pm

**Location: Nashville Integrated Medicine**

**Cost: \$395**

Deposit of \$125 due at time of reservation

### ***You will learn:***

- *Where your emotional tensions are held in the body, where they are from, and how to release them*
- *How to find and create the safety needed to facilitate complete release in yourself and your clients*
- *How to help clients achieve more sustainable sobriety, reduced addictive drive, greater peace and calm, and more robust health*
- *Deeper insight and awareness into areas of your own emotional wounds and recovery*
- *Theories about grief, depression, anger, shame and intimacy that will supplement your own understanding*
- *Healing support in an atmosphere of unconditional love*

**J. David Forbes, MD** is the founder and director of Nashville Integrated Medicine, Past-President of the American Holistic Medical Association, a practicing internist specializing in integrative/holistic medicine, and a counselor and trainer in trauma work utilizing the PEER process for 25 years.

For more information or to reserve your space, please contact: Jenny at Nashville Integrated Medicine  
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